

EAST ELEMENTARY NEWSLETTER



PRINCIPAL'S MESSAGE

December has snuck up on us and the season of love and goodwill for all is just around the corner! Our students are busy getting ready for the Christmas concert and are working hard each day in music class! This year we will only have one day of concerts so all classes will perform on the same day in two shows. The afternoon show on Thursday, December 19th, at 1:00 PM will be for all family members. The evening show on Thursday, December 19th, will be at 6:30 PM and will require a ticket. Two tickets will be sent home on Monday, December 9th for parents to attend. Unfortunately, we have to limit tickets to ensure we have a safe capacity level in our gym. If you will not be attending the evening show, please indicate on the school envelope and return the envelope back in their kanga pouch. If your family has more than a two parent structure, there will be an opportunity to request extra tickets in a Google Form starting December 9th. Let's come together to support and appreciate the hard work and dedication our students have put into making these events memorable!

At the concerts, there will be the opportunity to purchase our online 50/50 tickets and home made cakes by the grade sixes. The cost of the cake raffle tickets are still only 50c! The winners will be announced that night.

As we immerse ourselves in the festive cheer, let's also consider the opportunity to give back. This year, we are once again collecting toys for Leduc Santa's Helpers. Your generosity can bring joy to those who may need a little extra support during the holiday season. If your family could benefit from this assistance, please reach out to Santa's Helpers 1-825-995-1008.

In the spirit of spreading even more joy, we invite everyone to participate in our festive dress-up days on December 13th, 17th, & 20th. Let's make the last day before the holidays extra special by embracing the festive season with our creative and festive attire. A big thank you to our Student Council for bringing forth these festive ideas!

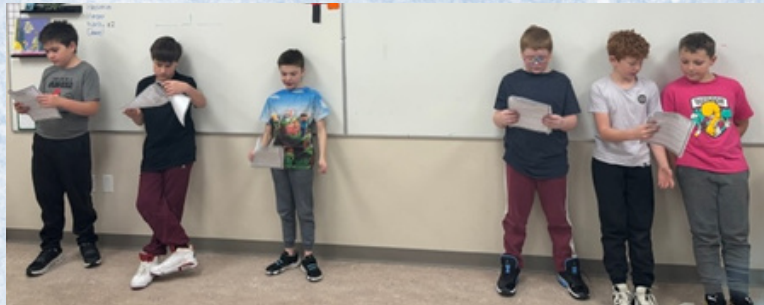
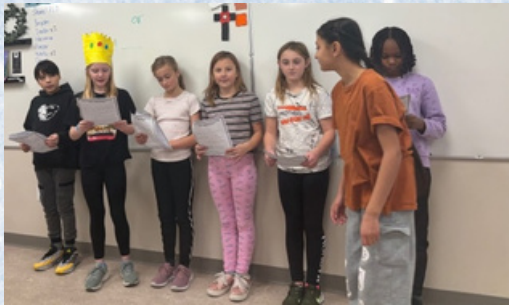
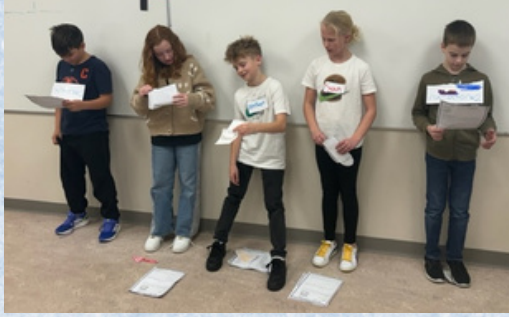
As we near the end of the year, I want to take a moment to express my gratitude for the incredible support and partnership of our school community. This season reminds us of the importance of connection, kindness, and reflection. At school, we are proud of all our students have accomplished so far and look forward to ending the year strong. Let's continue working together to nurture a love of learning, respect for one another, and a commitment to growth.

Wishing you and your families a season filled with joy, peace, and togetherness. Thank you for all you do to make our school such a wonderful place for learning and growing.

Carla Fisher

EAST

EXPERIENCES



Ms. Smith's and Ms. PB's class had a blast presenting short skits about the Atlantic region of Canada!



Mrs. Lysgaard's grade 3's practicing their math skills.



Mrs. Lysgaard's grade 3s are enjoying indoor recess.

East Elementary

Essentials

Attendance Reporting

Good attendance patterns are an important factor in a student's overall success at school. Report your child absent!!

Call the school. (780) 986-8421
Email the office - ees@blackgold.ca
and advise the reason for absence (ie: Sick, appointment, vacation, etc...)

Did you know?

If your child is 20 minutes late every day, he/she/they will have missed 12 days of instruction by the end of the school year.



FUN IN THE SNOW

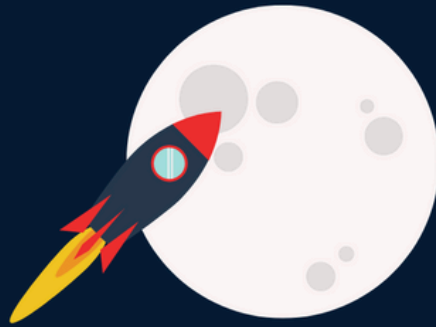


EAST

EXPERIENCES



**Scholastic Book Fair
December 16-19**



**Come join us in the library for our outerspace themed Scholastic Book Fair!
It's going to be outta this world! You will have a blast!
Hours will be Monday-Thursday 8:00am-3:30pm
*Thursday Night open from 6:00pm-8:30 pm**



**We extend our heartfelt thanks to Pastor Al and Gateway
Family Church for their generous donation of socks,
mittens, and toques to our school.
Your kindness is truly appreciated!**

East Elementary School Presents

JINGLE-BELL

JUKEBOX Musical

**Thursday,
December 19, 2024**

Afternoon Showing: 1:00pm

Evening Showing: 6:30pm

Each family will be allocated 2 tickets for parents.

If you require more tickets as you are a blended family of parents, there will be a Google form to request tickets that are not being used. If you do not plan on attending the night concert, please return your tickets to the office so they can be reallocated.

Extended family are invited to watch the afternoon performance, as there won't be gym capacity issues.





Student Council's Upcoming Spirit Days

Friday, Dec. 13th:

Crazy Christmas Dress up Day

Tuesday, Dec. 17th:

Ugly Sweater Dress up Day

Friday, Dec. 20th:

Christmas PJ day



FOOD DRIVE Challenge

Our Grade 6s have been challenged by Lindsford Park School to hold a food bank drive and use all donations in a structure building competition.

The Drive runs Wednesday the 27th to Monday the 9th.

Our Grade 6s will then build a structure live during a Google meet on 11th of December.

The Winner will be announced on December 11th, 2024.

Our kids are excited for this challenge, but need your help! We will be asking for help collecting donations, a win-win for Leduc Food Bank!



Cake Raffle!

Grade 6 Christmas Cake Raffle:

On Christmas Concert night, Come early to visit the Book Fair and to Buy tickets for the many cakes being raffled off

Tickets \$.50 each!

Winners announced immediately after the concert, and winners take their cake home with them that night!

(proceeds to the Grade 6 year end field trip)



Remembrance Day

ASSEMBLY AT EAST ELEMENTARY



Thank you to Philip Paradis for coming to speak to our students about Remembrance Day.



Lest we forget

Free LRC Pass!
Spend some fun time with your family!
We have a Family LRC Pass that can be
borrowed from the Library to use. You
can check it out just like a library book!
Contact our librarian, Mrs. Bendfeld, to
get your name on the list to borrow the
pass. Her email is:
jennifer.bendfeld@blackgold.ca



LEDUC RECREATION CENTRE FREE FAMILY PASS

Sign out a Family Pass to the
Leduc Recreation Centre at the library!



How does the pass work?

- The LRC Family Pass is valid for 2 adults and all children under 18 years of age, residing in the same household.
- Sign out your LRC Family Pass for FREE from the library.
- This pass will provide you and your family with access to all of the amenities at the LRC. Enjoy the Aquatic Centre, Fieldhouses, Arenas, Fitness Centre and Indoor Track.
- Passes are valid for a one week time period.
- After your one week rental, return the LRC Family Pass back to the office for other families to enjoy.

INDIVIDUALIZING CHORES

Children are regularly asked to do chores around home and school. Generally, parents ask children to complete chores for three reasons:

1. They may use chores as a way of developing cooperative and responsible behavior in children.
2. Children are also assigned chores because parents need their help.
3. Through chores, children are taught how to perform certain jobs around the house. Here are some ways of using chores productively with children.



Personalize household jobs.

Consider your children's ages, abilities, and other commitments. Observe your children while they do new chores to make sure they understand them and have the abilities to complete them. If children complain often or are slow to complete a chore, the chore may be too difficult. On the other hand, a comment that the chore is "baby work" or "too easy" may indicate that children are ready for more advanced tasks. Parents should feel free to allow school-aged children some choice of jobs. Choices may decrease complaints and refusal to do certain chores.

Giving a variety of chores to boys and girls. For example, both boys and girls can help with house cleaning and yard work. By assigning a variety of chores for each sex, fairness and equality of chores for each sex, fairness and equality are established and skills are learned that will help both boys and girls become independent adults. Families can depend on both boys and girls to complete a variety of jobs.

Change chores as children grow older. Young children can be expected to do chores that involve taking care of themselves. As children grow older, They can be expected to complete chores that help the family and eventually significantly help reduce the family's work load.



Practice routines.

Try to have chores completed by a set time each day . Generally, right before or after evening meals is a good time. A chore chart may be helpful. Place a chart in a prominent place such as the refrigerator door, a bedroom door, a bulletin board, or classroom door. On the chart, list the children's names, the chores to be completed, and space for the days of the week. Let them mark the chart when they have completed the chores for the day. Such a chart acts as a constant reminder and also encourages children to supervise and monitor their own work.

Use a chore chart and rewards as an incentive system. Rewards given consistently and only if a chore is completed can be useful. It is important to remember that verbal praise can also be a very effective reward. With the giving of any reward, it is important to emphasize how everyone is responsible for jobs and how the children are helping out.

Model responsible behavior.

Parents who share in responsibilities without complaining or procrastinating on chores, teach children to do the same. Adults who constantly complain, rarely help, and dawdle when they do chores teach children those same behaviors. Start children with chores that are easily complete. Be patient and initially expect less than perfect work.



By personalizing household jobs, developing and practicing routines, and modeling responsible behavior, you can help your children approach chores productively.



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 PD Day No Students	3 Basketball @ New Sarepta	4	5 Division 2 Rabbit Hill Ski Trip	6	7
8	9 Division 1 Popcorn Day	10	11 EEPA Bingo 5:30pm	12 6S - Alberta Legislature Field Trip	13 Crazy Christmas Dress Up Day	14
15	16 Division 2 Popcorn Day	17 Ugly Sweater Dress Up Day	18	19 Christmas Concert	20 Christmas PJ Day School Assembly 8:40am	21
22	23	24	25	26	27	28
29	30	31				

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			← CHRISTMAS BREAK → <i>No School</i>			
5	6	7	8	9	10	11
12	13	14	15	Lice Check 16	17	18
	Division 1 Popcorn Day 					
19	20	21	22	23	24	25
	Division 2 Popcorn Day 					
26	27	28	29	30	31	
 EEPA Bingo 5:30pm			PD Day No Students	Semester 2 Commences	School Assembly 8:40am	



THANK YOU!

You are a gift ... All The Time.

Parents, Caregivers, School Staff...
...this Christmas season is A LOT.

A lot of love,
a lot of laughter,
a lot of family & friends.

Also...a lot of things to do,
a lot of things to buy...a lot of
busyness. A lot on the mind;
a lot of wishing we could give
more gifts, more time, more of
ourselves.

There is so much we do that goes
unseen everyday, all year long.
Your being **you** in the lives you
give to matters. Everyday. All day.

Thank you, us, and the 'we' of our
school community for all those
things we'll never be thanked for...

The time, the energy, the wisdom,
perspective, connections...
...patience & love.

A gift. All the time.

Thank you. Thank you. Thank you.

*East Elementary School Council
& Parents' Association*

NEXT MEETINGS

Thursday Jan. 9, Art/Science Room #110

Parents' Association (6:30pm-7:30pm)
Fundraising report, review, & brainstorming. Bring
your fundraising ideas for the next school year!

School Council (7:30-8:30pm)
Overview of AB Education Assurance Framework
School & School Division Annual Education Results
Report and 3 year education plan highlights

VOLUNTEER

Hot Lunch - Fridays 11:30 - 12:30 pm;
check 'yes' at the top of your Healthy
Hunger order or email
eastelementaryhotlunch@gmail.com

Upcoming Bingos

Wed. Dec. 11, 5:30-9:30 (8/9 filled)
Sun. Jan 26, 5:30-9:30 (3/9 filled)
Sat. Feb. 22, 11:30-3:30 (2/9 filled)

BINGO SIGN-UP



Help earn your child's grade team a pizza
party! Teams 2A, 5B & Kindy, 6D are in the
lead. Teams 1D, 5S & 3L, 6K really need
some help. eastbingos@gmail.com

RAISE MONEY & WIN!!!

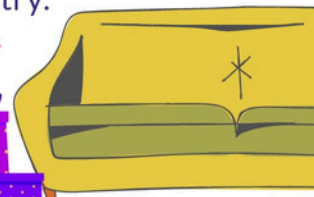
Kids Art Christmas Cards - Coming home
with your kids 1st or 2nd week of December.

Online 50/50! Win big bucks this
year! Enter online via rafflebox
now through Fri, Jun 20. The
jackpot is already~ 980, winner
takes \$490. **Scan the QR to enter.**



50/50 ENTRY

Best Seats in the House Raffle - Beat the
seat rush for you and 3 family members!
Win front row seats on the comfy couch for
the Christmas concert. \$5/entry.
Buy your tickets at the office.



EDUCATIONAL GIFT IDEAS

Family game night is a great way to bring numeracy/literacy alive in your house. Check out these fun ideas to add to your Christmas list!



COOPERATION GAMES

Cooperation games get the family to work together to win the game.. These are great games for older siblings to engage with little ones as well!





NEED A VISIT FROM SANTA?

www.leducshelpers.ca

Helping families in Leduc for 40 years

We believe every child should have a smile on their face at Christmas!

Registration will be open:

November 1 - December 12

To register online visit:

www.leducshelpers.ca/hamper-application/

To register via telephone call:

825-995-1008

Program Criteria:

- Must be a resident of the City of Leduc
- Must have children in the household under the age of 18
- Must meet the income guidelines:

Family Size	Maximum Income
Two Persons	up to \$45,000
Three Persons	up to \$47,500
Four Persons	up to \$50,000
Five Persons	up to \$52,500
Six Persons	up to \$55,000
More than Six People	up to \$57,500

Leduc Santa's Helpers



We are looking for NEW/Unused items to include with our Christmas hampers. Toys, Pajamas, Socks, Games, Mitt/Toque sets, etc.

All donations are greatly appreciated! If it is popular with your children it is likely to be on the wishlist of others.

Items that are generally in short supply include:

- Pajamas
- Socks
- Books
- Games
- Lego Kits
- Drones
- Bluetooth Speakers
- Headphones
- Make-up Kits
- Curling Irons
- Blow Dryers
- Electric Shaver
- RC Vehicles
- Art Kits
- Craft Kits
- Watches
- Model Kits
- Gift Cards
- Sports Items (*Basketballs, Soccer Balls, etc*)
- Power Banks
- Phone Acces.
- Blankets
- Hoodies/Sweatshirts
- Coloring Books
- Personal Care Kits

Items for 0 - 2 year olds that are generally in short supply include:

- Pajamas/Onsies/Clothes/Blankets
- Learning Toys: Vtech, LeapFrog, Fisher-Price
- Teething Toys
- Stacking Toys
- Play Mats

Check with your school for donation deadlines

Thank you for supporting Leduc Santa's Helpers and helping those less fortunate this holiday season.

WE ARE HERE FOR YOU



For more information Email
FRN@Leduc.ca

PARENT
EDUCATION



CHILD
DEVELOPMENT



HOME
VISITATION



FAMILY SUPPORT



COMMUNITY
CONNECTION



RESOURCE
NAVIGATION





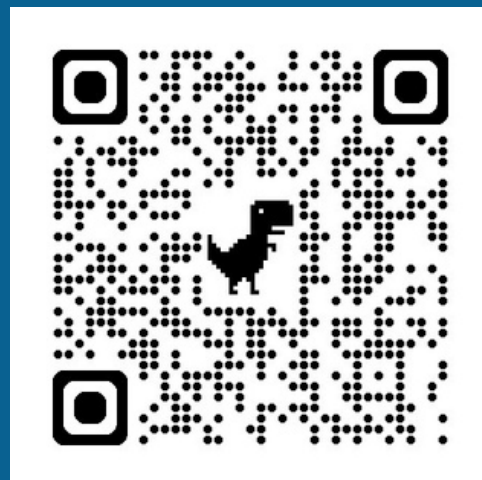
CITY OF LEDUC

**Family
Resource
Network**
is here to
support
your family

Alberta Provincial Family
Resource Networks

PROGRAMS

- Kimochis Circle of
- Security Play, Learn,
- Grow What's Up With
- Teens? Emotion
- Coaching



WUWT?

WHAT'S UP WITH TEENS? EMOTION COACHING



The teen years are an amazing time of growth and change, but managing teenage emotions can sometimes be challenging for teens and parents alike.

If you are the parent or caregiver of a teen or soon-to-be-teen, join us online to explore the Gottman Institute's 5 step method of supporting young people in managing their feelings and behaviour.

Date: December 3, 2024

Time: 6:00 PM - 8:00 PM

Location: Online

For more information email FRN@Leduc.ca

Use the QR code
to register



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Provincial Family
Resource Networks