

# EAST ELEMENTARY NEWSLETTER



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# EAST ELEMENTARY NEWSLETTER



## PRINCIPAL'S MESSAGE

Happy New Year! I hope you all had a wonderful and restful holiday season filled with joy and quality time with loved ones. As we step into the new year, I am excited about the opportunities and growth that lie ahead for our school community.

January marks a time for fresh starts, renewed energy, and setting goals. At East Elementary, we are committed to ensuring that every student feels supported, challenged, and inspired to reach their full potential. Our teachers and staff are dedicated to fostering a positive and engaging learning environment where curiosity thrives and success is celebrated.

This month, we are focusing on perseverance with our students. Whether it's mastering a new skill, improving reading fluency, or overcoming challenges in math, we want students to understand the power of perseverance and the joy of achievement. You can support this effort at home by talking with your child about their goals and celebrating their progress.

Here are a few updates and reminders for January:

- Kindergarten registration is open for next school year
- School Council and Parents' Association Meetings on Thursday at 6:30 PM.
- Lice Check on January 16th
- Report Cards will be made available in PowerSchool on January 29th

As always, I encourage you to reach out with any questions, concerns, or feedback. Your partnership is vital to the success of our students and school. Together, we can make 2025 a year filled with learning, growth, and unforgettable experiences!

Thank you for your continued support and for being an integral part of our school community. Let's make this year the best one yet!

Warm regards,  
Carla Fisher

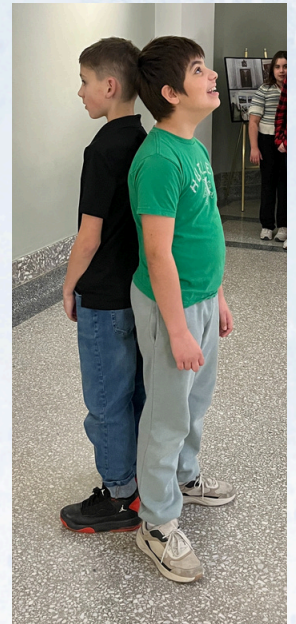


# EAST

EXPERIENCES



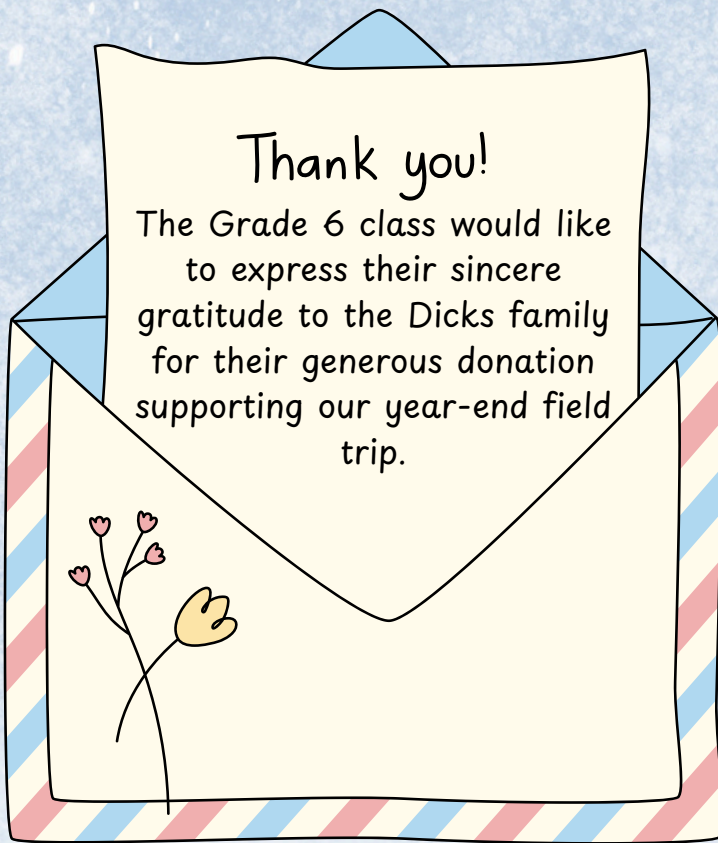
The Grade 6s went on a field trip to the Alberta Legislature on December 12, 2024.



Standing on the "magic spot" in the Legislature to listen to the acoustics.







## East Elementary

# Essentials

### Attendance Reporting

Good attendance patterns are an important factor in a student's overall success at school. Report your child absent!!

Call the school. (780) 986-8421

Email the office - [ees@blackgold.ca](mailto:ees@blackgold.ca)

and advise the reason for absence (ie: Sick, appointment, vacation, etc...)

#### Did you know?

If your child is 20 minutes late every day, they will have missed 12 days of instruction by the end of the school year.



# Alberta Education Assurance Survey

## Information for parents and guardians

### About the survey

Every year, Alberta Education surveys students, their parents and all teachers on behalf of schools and school authorities to assess what is working well and where there is room for improvement. The survey asks students in grades 4, 7 and 10, and their parents, about their thoughts, feelings and experiences in school. The survey will be administered between January and March 2024. In some schools, all students in grades 4 and above and their parents will be surveyed.

Participants will be asked questions on a variety of topics, such as welcoming, caring, respectful and safe learning environments; student learning engagement; and parental involvement. The survey does not ask for names and cannot be used to identify individual participants.



### Why is the survey needed?

Alberta's Assurance Framework requires school authorities across the province to report their performance according to a number of different measures that provide key information about how the education system is doing. A provincial survey allows all school authorities to be measured on the same things at the same time.

Participation in the survey is voluntary:

- All participants may opt out of taking the survey at any time with no repercussions and/or skip any questions they do not wish to answer.
- All responses are anonymous. The survey does not collect personally identifiable information and Random Access Codes will be used to group responses by survey type, school and authority.
- Only grouped data where there are more than six responses are reported.
- All data collected will be managed in accordance with the Freedom of Information and Protection of Privacy Act.
- If you have any questions regarding the survey or your child's participation, please contact your child's school directly.



### How will I take the survey?

- Parents or guardians are issued a single-use Random Access Code mailed through Canada Post to complete the survey online.
- The code must be used to access the survey and helps Alberta Education group your response as being from a parent/guardian. It is not used to identify individuals.
- Monitor your Canada Post mailbox starting late-January 2024 for the survey invitation package from Alberta Education.
- Parents or guardians with more than one student in an eligible grade will receive a separate survey invitation package for each child.
- Paper copies of the survey can also be requested through your school principal once the survey opens.



### How will students take the survey?

- Students complete the survey at school.
- Before the survey begins, your child's teacher or school staff will explain to the students that the survey is not a test – there are no right or wrong answers. They will also explain that there are no repercussions for opting out of participating and that they may skip questions they do not wish to answer.
- Responses are submitted anonymously. Random Access Codes will be used to group responses by survey type, grade, school and school authority only.

Details about the assurance measures and how to obtain results are available online at

[www.alberta.ca/alberta-education-assurance-survey](https://www.alberta.ca/alberta-education-assurance-survey)

If you have questions or concerns about the survey, please contact your school principal.





# JINGLE BELL JUKEBOX Musical



We extend our heartfelt thanks to everyone who participated and helped us raise an incredible \$263.50 for the Grade 6 year-end field trip!

A special shout-out to all the talented bakers who contributed cakes to help make our raffle a success.





# Supporting Your Child's Needs

Raising children can be the most rewarding and most difficult aspect of your life. Making sure children understand and follow simple rules, teaching social skills, dealing with frustrations, and encouraging independence are just a few of the ways parents are expected to help their children. Being a good role model and having open lines of communication are vital in effective parenting. By discussing experiences and feelings, describing why family decisions are made, and listening to both sides of family disagreements, you can help your children adjust to the structures and demands of parenting. Here are some other ways to help yourself with parenting.



## Support your child's physical needs.

Safety, shelter, good nutrition, sleep, exercise, and medical care are important physical needs of children. Using seat belts, teaching home safety rules, and “kid-proofing” your house help you meet your child's needs for a safe environment. Keeping a comfortable home as well as being concerned about clothing and the weather are part of meeting shelter needs. Encouraging your children to eat three good meals a day that incorporate the four food groups is part of meeting their nutritional needs. A good night's rest and daily exercise are also important in supporting good physical health. Take your children for regular visits to their physician to monitor health and obtain advice on ways to support their growth and development.



## Support your child's emotional needs.

Love, acceptance, security, and praise are important emotional needs of children. Let your children feel your love by how you hold, touch, and smile at them. Telling your children of your love is good, but showing is better. Accept your children's accomplishments and try not to dwell on failures. Avoid using threats to security to control your child. Be positive when making decisions about discipline; look for opportunities to praise rather than punish. Kind words and gestures go a long way in helping to support your children's emotional needs. When praising children, focus on their ability and effort as sources for positive performance. Look for opportunities to say something positive to children each day and help them practice making positive comments about others.



## Support your child's intellectual needs.

Talk to your children about what is going on in your world. Try not to burden them with problems, but do not be afraid to share positive and negative aspects of your work and social life. Encourage your children to ask questions and be sure to provide honest answers; ask for help when tough questions come up. Become involved in your children's school; ask teachers to describe what is being taught and how you can provide support at home. If you do not understand a homework assignment, ask for help. Look for opportunities to support school assignments with family trips and outside activities. Encourage your children to be creative at home and point out opportunities to share creative experiences back at school. Ask your children's teachers to supply a list of learning aids (e.g., calculators, globes, resource and reference materials) that you can use to assist them with school assignments at home.



By supporting your children's physical, emotional, and intellectual needs, you can help yourself make parenting a more positive experience.



**Free LRC Pass!**  
Spend some fun time with your family!  
We have a Family LRC Pass that can be  
borrowed from the Library to use. You  
can check it out just like a library book!  
Contact our librarian, Mrs. Bendfeld, to  
get your name on the list to borrow the  
pass. Her email is:  
[jennifer.bendfeld@blackgold.ca](mailto:jennifer.bendfeld@blackgold.ca)



# LEDUC RECREATION CENTRE FREE FAMILY PASS

Sign out a Family Pass to the  
Leduc Recreation Centre at the library!

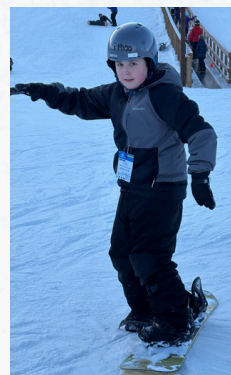
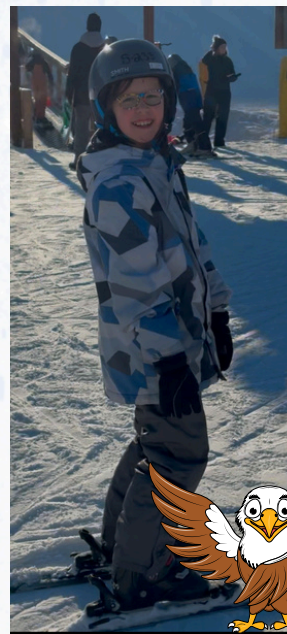


## How does the pass work?

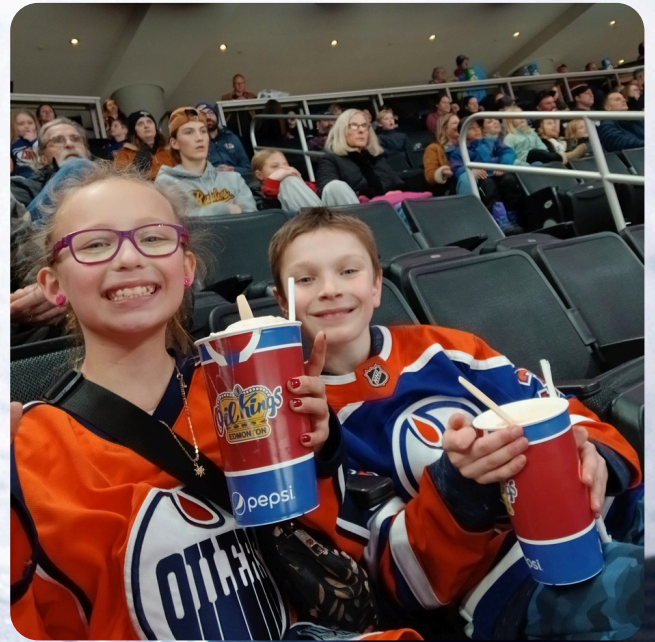
- The LRC Family Pass is valid for 2 adults and all children under 18 years of age, residing in the same household.
- Sign out your LRC Family Pass for FREE from the library.
- This pass will provide you and your family with access to all of the amenities at the LRC. Enjoy the Aquatic Centre, Fieldhouses, Arenas, Fitness Centre and Indoor Track.
- Passes are valid for a one week time period.
- After your one week rental, return the LRC Family Pass back to the office for other families to enjoy.



# RABBIT HILL EAST SKI TRIP EXPERIENCES







**Gage Landry and Breilyn Rudyck enjoying the Oil Kings game.**



**We would like to send out a HUGE thank you to Marcem Rentals for choosing East Elementary School for the Edmonton Oil Kings Adopt-A-School Program**



**THE EDMONTON OIL KINGS ADOPT-A-SCHOOL PROGRAM BRINGS LOCAL BUSINESS TOGETHER WITH SCHOOLS ACROSS OIL COUNTRY!**

**ADOPT-A-SCHOOL SPONSORS PROVIDE SEASON TICKETS TO EDMONTON AREA SCHOOLS TO ENCOURAGE STUDENTS TO WORK HARD AND ACHIEVE THE BEST THEY CAN! SPONSORED SCHOOLS REWARD STUDENTS WHO HAVE ACHIEVED GREAT ACCOMPLISHMENTS OR WHO EXCEL IN ASPECTS SUCH AS ACADEMICS, SPORTS OR COMMUNITY INITIATIVES**





## HAPPY NEW YEAR

Welcome back!

*We hope you've come out of the holiday with memories and rejuvenation!*

*Our School Council and Parents' association are right back into the swing of things. We'd love your help and hope to see you soon.*

### Staff Appreciation Days

This year our coordinator, Sarah Kesterke, has chosen five ways and days to sprinkle our appreciation over the school year. Our fall school supplies donation and morning coffee & pastries days were a success, and MUCH LOVED! Everyone is invited to help make these days wonderful. There are opportunities to donate items, food, or time, please sign up!

- Jan 14 - Smoothies, wings, veggie lunch
- Mar 11 - Pastries, Coffee & Tea
- Apr 17 - Sit down lunch

STAFF APPRECIATION  
SIGN-UP



### NEXT MEETINGS

Thursday Jan. 9, Art/Science Room #110

**Parents' Association (6:30pm-7:30pm)**

Fundraising report, review, & brainstorming. Bring your fundraising ideas for the next school year!

**School Council (7:30-8:30pm)**

Overview of AB Education Assurance Framework School & School Division Annual Education Results Report and 3 year education plan highlights

### VOLUNTEER

**Lice Busters** - Thurs. Jan 16th, 9am (1hr)

Join a team of 5 parents for our 2nd of 3 head lice education and screening January sessions held throughout the year.

email [ees.council@gshare.blackgold.ca](mailto:ees.council@gshare.blackgold.ca)

**Hot Lunch** - Available Fridays 11:30 - 12:30 pm? check 'yes' at the top of your Healthy Hunger order or email

[eastelementaryhotlunch@gmail.com](mailto:eastelementaryhotlunch@gmail.com)

**Upcoming Bingos)**

Sun. Jan 26, 5:30-9:30 (5/9 filled)

Sat. Feb. 22, 11:30-3:30 (4/9 filled)

Sat. Mar. 15, 11:30-3:30 (1/11) filled)

Help earn your child's grade team a pizza party! Team - Kindy, 6D is in the lead.

Teams 1D, 5S & 3L, 6K really need some help. [eastbingos@gmail.com](mailto:eastbingos@gmail.com)

BINGO SIGN-UP



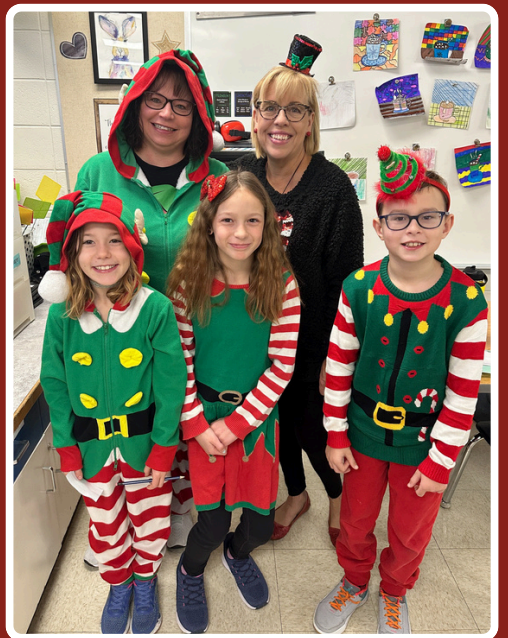
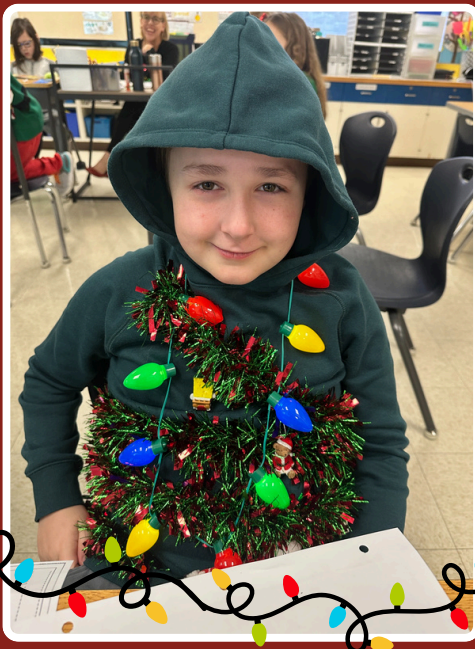
### RAISE MONEY & WIN!!!

**Online 50/50!** Win big bucks this year! Enter online via rafflebox now through Fri, Jun 20. The jackpot is already~ 1370, winner takes \$685. [Scan the QR to enter.](#)



50/50 ENTRY





# Christmas Dress-up Days



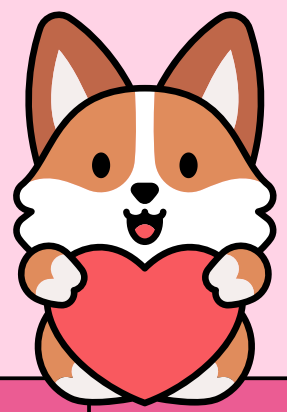


# JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			← <b>CHRISTMAS BREAK</b> → <i>No School</i>			
5	6	7	8	9	10	11
	Back to School 			EEPA Meeting 6:30pm		
12	13	14	15	Lice Check 16	17	18
	Division 1 Popcorn Day  <b>POSTPONED</b>				Division 1 Popcorn Day  Girls Basketball Tournament Corinthia Park School 	
19	20	21	22	23	24	25
	Division 2 Popcorn Day 	 Favourite Character Dress-Up Day				Boys Basketball Tournament West Haven Public School 
26	27	28	29	30	31	
 EEPA Bingo 5:30pm		 Tropical Dress-up Day	PD Day No Students	Semester 2 Commences	School Assembly 8:40am	



# FEBRUARY



SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Division 1 Popcorn Day 	4	5 No Kindergarten	6 ATA Teacher's Convention No School 	7	8
9	10 Division 2 Popcorn Day 	11	12	13	14	15
16	17 HAPPY <i>family</i> DAY No School	18	19	20	21	22  EEPA Bingo 11:30am
23	24	25	26	27	28 School Assembly 8:40am	